



ADDENDUM FOR PLAYING RULES -- 2020 SEASON (September 1, 2020)

The rules in this Addendum will ensure all matches can be played in a timely manner and help prevent gyms from getting behind schedule. The gym monitor, coaches, and referees need to make sure these rules are followed and included in their pregame discussion.

Grades 3-5

1. Matches and warmups are scheduled for 60 minutes
2. The first two sets will be played to 25. Winner must win by 2 points or the first team to 27.
3. The third set will be played to 15. Winner must win by 2 points or the first team to 17.
4. **Warmups: USE THE 2-2-2 FORMAT**
 - **First - 2 minutes** is to be used by both teams on their side of the court.
 - This time should be used for ball handling skills
 - Balls should not be hit over the net or to the other side of the court
 - **Second – 2 minutes** - The visiting team gets to use the entire court to serve and/or hit
 - The home team needs to stay off the court
 - **Third – 2 minutes** - The home team gets to use the entire court to serve and/or hit
 - The visiting team needs to stay off the court
 - Please use the scoreboard to keep track of these times
5. After the match both teams need to leave the gym immediately. Team meetings should be conducted outside the gym. The gym monitor needs to ask all coaches, players, and parents to leave.

Grades 6-8 (All Levels)

1. Matches and warmups are scheduled for 75 minutes
2. The first two sets will be played to 25. Winner must win by 2 points or the first team to 27.
3. The third set will be played to 15. Winner must win by 2 points or the first team to 17.
4. **Warmups: USE THE 2-5-5 FORMAT**
 - **First - 2 minutes** is to be used by both teams on their side of the court
 - This time should be used for ball handling skills
 - Balls should not be hit over the net or to the other side of the court
 - **Second - 5 minutes** - The visiting team gets to use the entire court to serve, hit, and defend
 - The home team needs to stay off the court
 - **Third - 5 minutes** - The home team gets to use the full court to serve, hit, and defend
 - The visiting team needs to stay off the court
 - Please use the scoreboard to keep track of these times
5. After the match both teams need to leave the gym immediately. Team Meetings should be conducted outside the gym. The gym monitor needs to ask all coaches, players, and parents to leave.